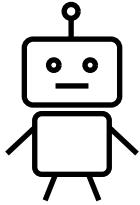


ROBOT CHARGING STATION

Complete each heavy-work mission. Color one battery bar after each mission!



MISSION: Recharge your robot body!

1

WALL PUSH POWER

Do 10 wall pushes.

☐

2

HEAVY CARGO

Carry 5 weighted balls to the charging station.

☐

3

ROBOT CRAWL

Bear crawl or robot crawl across the room 2 times.

☐

4

TUNNEL REPAIR

Crawl through the tunnel 3 times.

☐

5

CRASH LANDING

Do 5 safe jumps into the crash pad.

☐

6

SCOOTER DELIVERY

Scooter board to deliver 3 robot parts.

☐

ROBOT BATTERY

1

2

3

4

5

6

How does your body feel after heavy work? Calm / Ready / Tired / Still wiggly

PROGRAM THE ROBOT

Listen carefully and follow the robot commands in order.

LEVEL 1 - ONE COMMAND

1. Touch your robot head.

☐

2. Stomp 3 times.

☐

3. Pick up one block.

☐

4. Clap 5 times.

☐

LEVEL 2 - TWO COMMANDS

1. Touch your knees, THEN clap twice.

☐

2. Pick up a ball, THEN put it in the basket.

☐

3. Jump 3 times, THEN freeze like a robot.

☐

4. Touch something blue, THEN sit down.

☐

LEVEL 3 - ROBOT MEMORY CHALLENGE

1. Get a ball -> walk around a cone -> put the ball in a basket.

☐

2. Crawl through the tunnel -> do 5 wall pushes -> sit on the mat.

☐

3. Find something red -> touch your head -> jump twice -> freeze.

☐

Therapist challenge: give the direction verbally first and see how many steps the child remembers without repetition.

ROBOT STOP - THINK - GO

Help your robot slow down, make a plan, and choose a safe response.

STOP

Pause your robot body.

THINK

What could happen?
What are my choices?

GO

Choose the best action.

ROBOT MALFUNCTIONS

1. You want a toy that someone else is using.

STOP: What should your body do? _____

THINK: What is one good choice? _____

GO: What will you do? _____

2. You are excited and want to run ahead of your adult.

STOP: What should your body do? _____

THINK: What is one good choice? _____

GO: What will you do? _____

3. You lose a game.

STOP: What should your body do? _____

THINK: What is one good choice? _____

GO: What will you do? _____

4. Someone bumps into you by accident.

STOP: What should your body do? _____

THINK: What is one good choice? _____

GO: What will you do? _____

5. Your therapist gives you a direction you do not want to do.

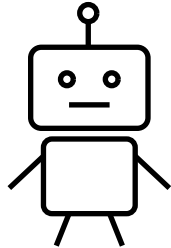
STOP: What should your body do? _____

THINK: What is one good choice? _____

GO: What will you do? _____

ROBOT CONTROL CARDS

Cut out the cards and use them during games, obstacle courses, or daily routines.

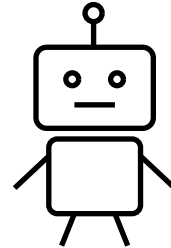


STOP

Freeze your body.

Hands to self.

Take one breath.

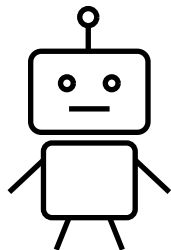


THINK

What is happening?

What are my choices?

What is safe?

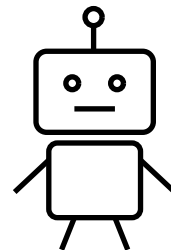


GO

Pick your best choice.

Use a calm body.

Try it!



REBOOT

Take 5 breaths.

Do heavy work.

Ask for help.